



# 風力空手

This guidance applies to all students training at any class run by Kaze Chikara. Its purpose is to clarify responsibilities, and to give clear guidelines on our rules regarding safeguarding.

### General

Karate begins and ends with respect, and we remind ourselves of this by bowing:

- bow to the dojo on entering, and just before leaving;
- exchanging bows with the instructor at the start and end of the class;
- bowing to your partner before training together.

For safety reasons, if you need to leave the class for any reason, please ask first, by raising your hand. This means that the instructor can stop the class activity so that you can safely move to the exit. Similarly, if you are not in the class and want to join - if you arrive after class has already started, for example – then kneel at the side where the instructor can see you. The instructor can then invite you to join in at an appropriate time.

The KUGB's code of conduct can be found at:

[https://www.kugb.org/index.php?option=com\\_content&view=article&id=33&Itemid=223](https://www.kugb.org/index.php?option=com_content&view=article&id=33&Itemid=223)

### License

- When you first receive your license, please bring it to class to show the instructor.
- Please keep your license up to date. The instructor will remind you when it is due for renewal.
- Please ask about applying for your first license after 4 lessons.

### Safeguarding

Please see the club's safeguarding statement, <https://www.kaze.uk/safeguarding>

- Treat everyone equally, and with respect, dignity and courtesy.
- Always put the welfare of children and / or vulnerable adults first.
- Keep physical contact to an absolute minimum.
- Never be alone with a child and / or vulnerable adult.
- Don't take photographs, videos or create any other forms of media featuring any children and / or vulnerable adults without written consent from the carer, guardian or parents.

### Social Media

The guidance from the KUGB is that instructor and adult students cannot add any child members (under the age of 18) as friends on their social media accounts (unless a familial relationship exists).

The club Facebook page exists for the exchange of information between members and instructors. Please remember that anything posted on this page is visible to everyone (including non-members). Anything inappropriate will be removed.

Please conduct yourself on social media as you would in the dojo. In a sense, you are representing the club, the KUGB and karate in general. Be polite, non-discriminatory and respectful.